

2008 Cal State Northridge Men's Indoor Track and Field Bests (as of 2-18-08)

Event Name	CSUN Record (pre '08 best)	Qualifying Marks (NCAA Auto, Prov)	Event Name	CSUN Record (pre '08 best)	Qualifying Marks (NCAA Auto, Prov)
55 METERS	<u>6.34aa</u>	<u>6.14, 6.26</u>	HIGH JUMP	<u>7-3</u>	<u>7-4.25 (2.24), 7-0.25 (2.14)</u>
Bradley Ike	6.54*		Justin Johnson	6-9.50 (2.07)	6-9.75 (2.08)* A
Justin Johnson	6.87*		Reindell Cole		6-9 (2.06)* A
Ron Weatherspoon	6.91*		Thomas Johnson		6-7 (2.01)* A
			Robert Robinson	6-0.75 (1.85)	6-1.50 (1.87)* A
60 METERS	<u>6.77aa</u>	<u>6.63, 6.74</u>	Owen Morse	6-2.75 (1.90)*	6-0.50 (1.84) A
Bradley Ike	6.88	6.82*	Awet Hagos	6-6.75 (2.00)*	
Kenjamine Jackson		6.92*			
Thomas Henry		7.07*	LONG JUMP	<u>26-3.5</u>	<u>25-9.25 (7.85), 24-7.25 (7.50)</u>
Justin Johnson	7.28	7.18*	Reindell Cole		26-4.50 (8.04)\$#* B
Robert Robinson	7.27	7.20*	DaShalle Andrews	25-4.75 (7.74)*	24-0.25 (7.32) C
Owen Morse	7.36	7.29*	Justin Johnson	23-0 (7.01)	23-6.25 (7.17)* A
			Robert Robinson	22-0.25 (6.71)	22-7 (6.88)* B
55-METERS HURDLES	<u>7.44aa</u>	<u>7.17, 7.38</u>	Jonathan Moore	22-4.50 (6.82)*	21-6.75 (6.57) B
Justin Johnson	7.81*		Owen Morse	21-5.25 (6.53)*	20-8 (6.30) A
			Rolando Felizola	24-3.75 (7.41)*	
60-METER HURDLES	<u>7.91aa</u>	<u>7.70, 7.91</u>	Thomas Ross	23-7.50 (7.20)*	
Terry Ross	8.00	7.99*	Awet Hagos	20-5.25 (6.23)*	
Justin Johnson	8.18	8.10*			
Owen Morse	8.79	8.63*	TRIPLE JUMP	<u>52-9.5</u>	<u>52-10 (16.10), 50-6.25 (15.40)</u>
Robert Robinson	8.64*	8.69	Jonathan Moore	48-11.00 (14.91)*	48-4.50 (14.74) A
			Awet Hagos	49-4.25 (15.04)*	48-0 (14.63) A
200 METERS	<u>21.41</u>	<u>21.33, 21.73</u>	Rolando Felizola	50-0 (15.24)*	
Kenjamine Jackson		22.19*	DaShalle Andrews	49-2.50 (15.00)*	
Bradley Ike	22.01*	22.29			
Kevin Nious	22.55*	23.00	POLE VAULT	<u>17-3.5</u>	<u>18-0.5 (5.50), 17-0.75 (5.20)</u>
Ron Weatherspoon	22.81*		Joshua Schroder		15-1.50 (4.61)* C
Thomas Henry			Anthony Orozco	15-1 (4.60)*	
			Corey Gosser	14-7.50 (4.46)*	
400 METERS	<u>46.88</u>	<u>46.95, 48.05</u>	Justin Johnson	14-1.75 (4.31)*	
Kevin Nious	49.15*	49.24			
Eugene Sanchez		50.02*	SHOT PUT	<u>61-9.5</u>	<u>63-4 (19.30), 58-3 (17.75)</u>
Ron Weatherspoon	50.85*	51.56	Alex Butler		52-9.25 (16.08)* C
			Derek Cooper	56-1.75 (17.11)*	51-2.75 (15.61) A
800 METERS	<u>1:51.47</u>	<u>1:48.80, 1:51.00</u>	Chris Fuller		51-1 (15.57)* C
Jeremy Quant		1:58.86*	Mike Tull		48-0.50 (14.64)* A
Gustavo Hernandez		2:02.53*	Owen Morse	38-11.75 (11.88)	41-7.25 (12.68)* A
Diego Fernandez	2:05.76		Joseph Fraijo	52-0.50 (15.86)*	
MILE	<u>4:10.35aa</u>	<u>4:00.30, 4:04.80</u>	WEIGHT THROW	<u>64-7.75</u>	<u>70-6.50 (21.50), 63-11.75 (19.50)</u>
Diego Fernandez	4:29.18*		Cody Pearce	59-9.50 (18.22)	60-7.25 (18.47)* B
Jeremy Quant			Nick Saylor	57-7 (17.55)*	54.10 (16.71) C
Michael Stotland			Derek Cooper	52-10.75 (16.12)*	
3,000 METERS	<u>8:27.88aa</u>	<u>7:55.80, 8:06.30</u>	HEPTAHLON	<u>NONE</u>	<u>5,650, 5,200</u>
Manuel Ruiz	8:27.89*		Justin Johnson	5,347	5,536!* A
Diego Fernandez	9:14.03*		Robert Robinson	4,850	4,894* A
			Owen Morse	4,462	4,620* A
5,000 METERS	<u>15:14.64aa</u>	<u>13:48.90, 14:11.90</u>			
Manuel Ruiz	14:38.80*				
			BEST LIST SYMBOLS		
4x400-METER RELAY	<u>3:12.97</u>	<u>3:09.70, 3:13.60</u>	* - Personal Best		
Henry, Hernandez, Quant, Sanchez		3:22.46	\$ - Northridge Record		
			@ - MPSF Record		
			& - MPSF Qualifier		
			! - NCAA Provisional Qualifier		
DISTANCE MED. RELAY	<u>10:01.32aa</u>	<u>9:36.20, 9:47.90</u>	# - NCAA Automatic Qualifier		
			^ - Converted time		
			+ - Converted hand time		
			A - UW Invitational - Seattle, WA (Feb. 1-2, 2008)		
			B - New Balance Collegiate Invitational - New York, NY (Feb. 8-9, 2008)		
			C - Husky Classic - Seattle, WA (Feb. 16, 2008)		

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55 METERS	<u>7.05aa</u>	<u>6.74, 6.92</u>		DISTANCE MED. RELAY	<u>11:47.00</u>	<u>11:11.00, 11:32.00</u>
Cristal Steen	7.31*			HIGH JUMP	<u>6-0</u>	<u>6-0.75 (1.85), 5-10 (1.78)</u>
Dominique Calvin	7.50*			Desirae Gonder	5-8.50 (1.74)	5-11.50 (1.82)†* A
Ashleigh McGrew	7.56*			Sherrina Lofton		5-1 (1.55) A
60 METERS	<u>7.50aa</u>	<u>7.26, 7.44</u>		LONG JUMP	<u>19-11</u>	<u>20-10 (6.35), 20-0.25 (6.10)</u>
Sherrina Lofton	7.68	7.60*	B,C	Dominique Calvin	19-5.50 (5.93)*	19-4.25 (5.90) B
Precious Watkins		7.62*	A	Desirae Gonder	19-0 (5.79)	19-0.75 (5.81)* B
Shaleisha Mitchell		7.80*	C	Stella Dugall		17-10.75 (5.54) B
Cristal Steen	7.65*	7.83	C	Shelese Ruffin	19-11 (6.07)*	18-5 (5.61) B
Dominique Calvin	7.78*	7.92	C	Candyce Babb	19-9.75 (6.04)*	
Christina Hibbert		7.95*	B	Tara Prier		
Vanice Colbert		7.99	C	TRIPLE JUMP	<u>42-8</u>	<u>43-7.75 (13.30), 41-6 (12.65)</u>
Ashleigh McGrew	7.83*			Stella Dugall		39-1.25 (11.92)* B
55-METER HURDLES	<u>7.92aa</u>	<u>7.57, 7.86</u>		Dominique Calvin	36-10.25 (11.23)*	
Ashleigh McGrew	8.25*			Candyce Babb	36-4.75 (11.09)*	
Julie Eze	8.86*			Tara Prier		
60-METER HURDLES	<u>8.36aa</u>	<u>8.14, 8.43</u>		POLE VAULT	<u>12-2</u>	<u>13-9.25 (4.20), 12-11.5 (3.95)</u>
Ashleigh McGrew	8.59*	8.74	C	Kristal Quinn	12-0.75 (3.68)	12-5.50 (3.80)\$* B
Stella Dugall		9.07*	B	Jocelyn Do	11-7 (3.53)*	11-6.50 (3.52) C
Christina Hibbert		9.13*	A	Cristi Allen		
Precious Watkins		10.95	B	SHOT PUT	<u>52-7.25</u>	<u>55-5.5 (16.90), 49-10.5 (15.20)</u>
Julie Eze	8.79*			Bobbie Patton	48-0 (14.63)*	47-6.25 (14.48) C
200 METERS	<u>23.93</u>	<u>23.60, 24.30</u>		Whitney Hooks		
Tara Prier		24.75*	A	WEIGHT THROW	<u>67-0.75</u>	<u>68-10.75 (21.0), 62-4 (19.00)</u>
Precious Watkins		25.02*	B	Morgan Bogard		62-3 (18.97)*! C
Sherrina Lofton	24.96*	25.20	B	Raquel Sola	59-4.75 (18.09)*	53-1 (16.18) C
Christina Hibbert		25.80*	A	Tatiana Crochet	49-11.75 (15.23)	51-6.25 (15.70)* C
Dominique Calvin	25.66*	25.85	A	Jessica Beach	53-7 (16.33)*	51-0.25 (15.55) C
Vanice Colbert		26.00*	C	Bobbie Patton	49-5 (15.06)*	
Cristal Steen	24.87*	26.01	C	PENTATHLON	<u>NONE</u>	<u>4,050, 3,700</u>
Shelese Ruffin	24.46*			Sherrina Lofton		3,295* A
Julie Eze	24.88*			Desirae Gonder	3,509*	
Candace Babb	25.91*			Dominique Calvin	2,891*	
Ashleigh McGrew	26.18*			BEST LIST SYMBOLS		
Brenna Hoffman				* - Personal Best		
Shaleisha Mitchell				\$ - Northridge Record		
400 METERS	<u>53.81</u>	<u>53.00, 55.00</u>		@ - MPSF Record		
Shelese Ruffin	55.47*	55.60	B	& - MPSF Qualifier		
Tara Prier		55.60*	A	! - NCAA Provisional Qualifier		
Sherrina Lofton		56.48*	C	# - NCAA Automatic Qualifier		
Lauren Michaels		57.67*	A	aa - Altitude Adjusted		
Brenna Hoffman		57.93*	B	+ - Converted hand time		
Christina Hibbert		58.24	C	A - UW Invitational - Seattle, WA (Feb. 1-2, 2008)		
Krystal Quinn	56.24*			B - New Balance Collegiate Invitational - New York, NY (Feb. 8-9, 2008)		
Tanisha Cooper	57.76*			C - Husky Classic - Seattle, WA (Feb. 16, 2008)		
Julie Eze	57.78*					
Candyce Babb						
800 METERS	<u>2:06.92</u>	<u>2:05.40, 2:09.40</u>				
Ashley Cambaliza	2:17.50*					
MILE	<u>4:47.47aa</u>	<u>4:40.60, 4:48.60</u>				
Sandra Velarde	6:01.86*					
3,000 METERS	<u>9:58.83aa</u>	<u>9:15.80, 9:34.80</u>				
Sandra Velarde	11:52.49*					
5,000 METERS	<u>17:08.04</u>	<u>16:10.00, 16:45.00</u>				
4x400-METER RELAY	<u>3:34.34</u>	<u>3:35.40, 3:42.40</u>				
Prier, Lofton, Watkins, Gonder		3:45.90	A			